

NEW ENGLAND ASSOCIATION FOR PLAY THERAPY



ADD PLAY TO YOUR WORK!

June 2018

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PRESIDENT'S LETTER

Dear NEAPT members,

It seems that we are finally settling into Spring weather now that Summer is almost here! As the school year comes to a close I always find myself eager to have fun in the summer and realize how important it is to plan that in as an adult. I am looking forward to time on the beach as well as exploring our own backyard, and looking for shapes in the clouds. Do you find that your practice changes with the seasons as well? I plan to encourage outside time for all of my clients and hope we remember to do the same for ourselves.

How can you promote play in your communities this summer? Are there splash pads or local parks you could encourage families to visit, or local organizations that fix up bikes for kids with whom you can connect? Do you have any supplies or time to donate to a library for a children's play group? There has been so much "negative" in the news lately, and I keep thinking back to a quote I saw a long time ago: "Many small people who in many small places do many small things can alter the face of the world." What's your small, playful thing? I'd love to hear what you come up with! Look for the post on Facebook about this, or email me so we can highlight your ideas.



Work hard, and play harder :)

Julie Nash, Ph.D., RPT-S

President, NEAPT

NATIONAL ASSOCIATION FOR PLAY THERAPY NEWS

- Who is going to the national conference? Did you see this????

Annual APT Conference Savings



Did you know?

There's a new way to save! APT is offering a Conference Pass for the 2018 Annual APT Conference. The pass includes the registration and workshop fees for all 5 days! Purchase this incredible offer for only \$499. This deal is for a limited time only and will expire on June 30, 2018. Register for the 2018 Annual APT Conference and [save today!](#)

NEW ENGLAND NEWS

ONLY THREE SPACES LEFT!!! BOOK YOURS NOW!!

Don't miss event: the Cape Cod Seminar!

Cape Cod Seminar tickets are now open for sale. Go to www.newenglandplaytherapy.org/conferences for all the info and to register! It will be a great week of training and will be limited to 30 participants. **Only a few spaces remain** so act quickly to get your seat! You don't want to miss this.

Enhancing Attachment through Drama and Play Therapy

with Eliana Gil, PhD, RPT-S, MFT-S, RAT and her daughter Teresa Dias, MA

in Eastham, MA., July 23 -27th, 8:30-12:00pm

MENTAL HEALTH MINUTE

Here are a few key things that are current and notable in the world of mental health:

- ❖ The use of smartphones actually changes [our brains--kids and adults](#)
- ❖ Work with parents is important as [stress in pregnancy can "turn on" schizophrenia genes](#)
- ❖ Build a community to [boost kids' health](#)

TRAINING CALENDAR

Do you have something going on in your area? Email us at info@newenglandplaytherapy.org to have it added to our website. Time to PLAY!

Ongoing

-Play therapy collaboration group meets the second Friday of each month from 9:00-11:00. Cost: \$0
Location: Birch Tree Counseling, 226 Rockingham Rd., Londonderry, NH 03053 Contact: Kay Edwards or Linda Grant 603.425.2989

-New Hampshire North Supervision Group: Meets the first Friday of every month from 8:00 to 9:30 . 300 N Main St Suite 100, Plymouth, NH 02365. Contact DeeDee Nold at nolddeedee@aol.com or 603 546-1933. Cost is \$10.00

July:

Enhancing Attachment through Drama and Play Therapy with Eliana Gil and Teresa Dias

When: July 23-July 27.

Where: 5000 US-6, North Eastham , MA 02651 US

This workshop will provide experiential and didactic information that will allow participants to experience and recognize the immediate application of drama and play therapy when working with parent-child dyads, multiple family members, or groups. The underlying dynamics of attachment will be discussed with clear guidance about implementation of physical, active, fun activities that promote attachment-specific goals. Discussion topics will include how to incorporate drama therapy with play therapy techniques for assessment and treatment of child or family-specific issues. There will be opportunities for clinical case discussions in which participants will practice selection of treatment modalities and interventions, based on specific clinical needs.

For more information email info@newenglandplaytherapy.org. Offered through New England Association for Play Therapy; Approved Provider Number 02-123

Creating Powerful Play Therapy: The Therapeutic Powers of Play in Action

When: July 30

Where: Riverside Psychological Associates, LLC; 90 Main Street Suite 107, Centerbrook CT

How does play therapy actually create change while improving mental health and overall functioning? While the therapeutic relationship and other qualities of therapy are necessary, this workshop will teach what it is about play specifically that leads to change. The relationship between individual therapeutic powers of play (or change agents) and the primary traits of play will be explored, while relating to the basic tenets of major theories of play therapy. Understanding these relationships and how to implement them allows for effectively choosing techniques or interventions to give the desired observable outcomes. This process will be described and practiced using didactic and experiential exercises, helping participants to solidify their understanding of play therapy theory and practice. Participants will learn how to match presenting problems with the change agents of play and techniques to achieve desired outcomes, and be better equipped to answer the question "So you just...play?" when speaking with parents, referral sources, and other professionals, as well as when writing

treatment plans. Presented by Julie Nash, Ph.D., RPT-S. Email drjulienash@hotmail.com to register and for information, or to schedule another date for your group. APT Approved Provider 14-380.

Topics in Adlerian Play Therapy (3 graduate credits)

When: July 30-August 3

Where: Husson University College of Health and Education

The goal of this course is to explore Adlerian theory and to gain counseling skills appropriate to an Adlerian theoretical perspective. Working with children and adolescents using Adlerian Play Therapy will be our focus, as well as working with parents and systems. This course will be interactive and experiential while also using the modalities of lecture, discussion and role play. This course may be used in applying for the credential of Registered Play Therapist (RPT). If you want an intensive, interactive group experience with a new perspective on working with children and parents, this course is for you! This course is a one week intensive. The expectation is that all assigned textbooks will need to be read and completed by the first day of class. Contact Gretchen Fall Sawyer at fallg@husson.edu for more information.

Monday through Friday from 8AM - 4PM - Bangor

Instructor: Gretchen Fall Sawyer, CAS, LCPC, RPT-S

August:

Special Populations in Play Therapy

When: August 3 and 4

Where: Plymouth State University; 2 Pillsbury St, Concord NH

With DeeDeeNold, LICSW, RPT-S

This is a one credit tuition course that counts for 22.5 APT hours. It covers neuroscience, cognitive behavioral therapy in dealing with special populations including, sensory integration disorder, spectrum disorders, selective mutism, ADHD and high conflict divorce.

Contact: DeeDee Nold at djnold@plymouth.edu

Child Centered Play Therapy

When: August 13-17

Where: University of Southern Maine Gorham-campus.

by Mary Anne Peabody, Ed.D., LCSW, RPT-S.

HCE 624 Child-Centered Play Therapy

This course is intended for students who wish to use a child-centered theory of play therapy in counseling children. It presents the theoretical framework of a child-centered approach to working with children and begins the necessary training for skill development in using this theory. Cr 3. For more information, contact Mary Anne Peabody at Maryanne.peabody@maine.edu.

Play Therapy Worlds in the Sand

When: August 17

Where: Birch Tree Counseling, 226 Rockingham Rd., Londonderry, NH with Kay Edwards, MEd, LCMHC, RPT-S

This workshop will focus on play therapy using different types of sand tray worlds. Play with Worlds and Movement, Worlds and Sound, and Worlds and Space will be utilized during this extensive experiential practicum. Participants need to have had previous basic sand tray training, at a minimum. Please bring ten or more figures or small toys to use in the sand as well as your camera. This workshop is limited to fourteen participants. For more information contact Linda at (603) 425-2989.

November

Sand Tray Play Therapy with Families and Groups

When: November 9

Where: Birch Tree Counseling, 226 Rockingham Rd., Londonderry, NH with Kay Edwards, MEd, LCMHC, RPT-S

This workshop will focus on using Sand tray play therapy to work with Families and Groups. Lecture, discussion, situational cases and experiential exercises will be utilized. Please bring ten or more figures or small toys to use in the sand as well as your camera. This workshop is limited to fourteen participants. For more information contact Linda at (603) 425-2989.

Save the Dates:

--Looking for a full course on play therapy? Two graduate level classes are held at Western Connecticut State University each academic year. *Introduction to Play Therapy (EPY 640)* is held in the fall semester, taught by Julie Nash, Ph.D., RPT-S, while *Advanced Play Therapy (EPY 650)* is in the spring semester, taught by Jennifer Lefebvre, Psy.D., RPT-S. The classes combined give a total of 135 hours of training. There will be a conference held this spring as well. For more information, contact Dr. Gabriel Lomas, associate professor of counseling at 203-837-8512 or Lomasg@wcsu.edu.

Remember, regardless of whom the presenter is, if the workshop announcements do not state APT approval with a provider number, APT will not approve it for RPT/RPT-S application or renewal. It is your responsibility to confirm with presenters/organizers that an APT approval/provider number is provided.

CONTACT US

Visit our Website at www.newenglandplaytherapy.org

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www.a4pt.org.