

NEW ENGLAND ASSOCIATION FOR PLAY THERAPY



ADD PLAY TO YOUR WORK!

March 2018

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PRESIDENT'S LETTER

Dear NEAPT members,

I am excited to be writing my first President's Letter to you all! As you'll read below, Stefani has taken the role of Past President and I moved from President Elect to President at the end of February. I look forward to working with an incredible Board of Directors to provide you with a valuable conference (in less than two months!), networking and supervision opportunities, and ways to not only enhance your work but grow play therapy as a field. Please join us in April for the conference and annual meeting, and bring your ideas for how we can better serve you and the field, as well as how you want to join in!

Keep playing—spring will be here soon!

Julie Nash, Ph.D., RPT-S

President, NEAPT

My Dear Play Therapy Community,

I wanted to take this opportunity to share some news. Due to personal reasons, I have stepped down as president of NEAPT. I have loved serving this branch. I know Julie will do an amazing job continuing to advance the promotion of play therapy and strength of our branch. I look forward to seeing you all at our next conference and thank you all for the support you have given me over the past years.

Yours Truly,

Stefani Misiph, LMHC, RPT-S



NATIONAL ASSOCIATION FOR PLAY THERAPY NEWS

Resources for Those Impacted by School Shootings

APT strongly condemns violence against humanity, especially children. We mourn the most recent school shootings and all senseless acts of violence throughout the world.

APT is committed to continuing our role of providing relevant resources to our members. We encourage our members to continue to provide high quality mental health services and strong advocacy for their clients.

In these troubled times, we are collectively committed to an ethic of personal and professional responsibility and engagement with our respective communities. We encourage our members to be demonstrably self-reflective, dedicated to social awareness, and practice self-care. We offer the following resources for your consideration:

- [*American Association for Marriage and Family Therapy \(AAMFT\)*](#)
- [*American Counseling Association \(ACA\)*](#)
- [*American Psychological Association \(APA\)*](#)
- [*American School Counselor Association \(ASCA\)*](#)
- [*National Association of School Psychologists \(NASP\)*](#)
- [*National Association of Social Workers - Florida Chapter \(NASW-FL\)*](#)
- [*National Child Traumatic Stress Network \(NCTSN\)*](#)
- [*Put the Oxygen Mask on Yourself*](#)

(content from www.a4pt.org)

NEW ENGLAND NEWS

Board of Director Applications Available

We are currently looking for 1-3 qualified members to join our Board of Directors in the next year. Responsibilities and applications are on our website (www.newenglandplaytherapy.org). The RPT/RPT-S/RPT-SB credential is required. Applications will be accepted through April 25, 2018 and will be reviewed by our Nominations Committee. Receipt of completed applications will be acknowledged via email, and applicants will be contacted by the Nominations Committee for further information or interviews. We look forward to receiving your application!

Conference Registration is Open!

Registration is open for our spring annual conference on [April 27 and 28, 2018 in Natick, Massachusetts!!](#) We have a great line up of workshops for you to choose from so register now to be sure you get your choices! Visit www.newenglandplaytherapy.org/conferences to register today. We are offering discounted registration when you sign up for both days, as well as special student rates.

Another don't miss event: the Cape Cod Seminar!

Cape Cod Seminar tickets are now open for sale. Go to www.newenglandplaytherapy.org/conferences for all the info and to register! It will be a great week of training and will be limited to 30 participants. Only a few spaces remain so act quickly to get your seat!

Enhancing Attachment through Drama and Play Therapy

with Eliana Gil, PhD, RPT-S, MFT-S, RAT and her daughter Teresa Dias, MA

at Captain's Quarters Motel in Eastham, MA., July 23 -27th, 8:30-12:00pm

NEAPT Service Award

Know someone deserving a nomination for the 2018 NEAPT Service Award? Email us with their name, contact information, and a description of why they are deserving of this award by 3/31/18.

The NEAPT Service Award will be presented annually to a NEAPT member who has obtained the RPT/RPT-SB/RPT-S credential and who has a significant history of supporting and promoting the field and value of play therapy through one or more of the following ways:

- ❖ Supporting NEAPT through volunteer efforts
- ❖ Teaching courses or providing continuing education related to play therapy
- ❖ Publishing articles or book chapters or books specific to play therapy
- ❖ Providing supervision or mentorship to newer play therapists or those seeking credentials

Meet Your Board

Over the next few issues of the newsletter, we will be introducing you to individual board members so you can learn about us as well as what being on the Board of Directors is all about. We hope you'll reach out to us with questions, to network, or to discuss your interest in joining us! This month, meet Mary Anne Peabody, Ed.D., LCSW, RPT-S who is a licensed clinical social worker in Maine.

Mary Anne Peabody, Ed.D., LCSW, RPT-S is currently an Assistant Professor in the Social and Behavioral Sciences department for the University of Southern Maine, a licensed clinical social worker, a Registered Play Therapist Supervisor, and a past certified K-12 school counselor. She has served as Chair of the National Association for Play Therapy, as the branch president of the Maine Association of Play therapy and currently serves on the National Foundation Board. APT at both the

branch and national level has been a tremendous part of her professional life for many years and so joining the NEAPT board seemed an important step in continuing her life-long passion to ensure child clinicians are well trained in play therapy. Mary Anne has published several journal articles and co-authored several book chapters in play therapy and trains nationally and internationally. She was a graduate of the first cohort of APTs Leadership Academy and incorporates leadership principles and play-based pedagogy in her coursework. Her current interests lie in utilizing the methodology of Lego® Serious Play® in clinical supervision and in higher education coursework. She has taught play therapy at the graduate level at Plymouth State University in New Hampshire and will teach play therapy this summer at USM. Her research interests are in play therapy, play based approaches to learning in higher education, and clinical/reflective supervision.

MENTAL HEALTH MINUTE

Here are a few key things that are current and notable in the world of mental health:

- ❖ Behavior in high school [predicts income and occupational success in later life](#)
- ❖ Talking with children about violence: [APA's news round up](#)
- ❖ [What to know before starting private practice](#)

TRAINING CALENDAR

Do you have something going on in your area? Email us at training@newenglandplaytherapy.org to have it added to our website. Time to PLAY!

Ongoing

-Play therapy collaboration group meets the second Friday of each month from 9:00-11:00. Cost: \$0
Location: Birch Tree Counseling, 226 Rockingham Rd., Londonderry, NH 03053 Contact: Kay Edwards or Linda Grant 603.425.2989

-New Hampshire North Supervision Group: Meets the first Friday of every month from 8:00 to 9:30 . 300 N Main St Suite 100, Plymouth, NH 02365. Contact DeeDee Nold at nolddeedee@aol.com or 603 546-1933. Cost is \$10.00

March

By the Sea Seminars: A Systems Approach to School-Based Play Therapy for Traumatized Children (4 CEUs) and Healing Stories in Play Therapy (2 CEUs)

When: Friday March 23 from 9:00-4:30

Where: Harrington Family Health Center, 50 Main Street, Harrington Maine. Phone: 207-483-4502

Descriptions:

Play Therapy for traumatized children in rural schools can be amplified through a systems approach that includes consultation with teachers and school systems and by expanding our view of “systems” to include nature, a readily available and under-utilized resource in play therapy. This workshop will provide school consultation tools and ideas for utilizing nature in school-based play therapy for traumatized children.

How can we transform our own adverse childhood experiences into healing for children in play therapy? This experiential workshop will introduce participants to the Adverse Childhood Experiences (ACEs) scale and invite reflection, writing, sharing and finally, creative avenues for healing in our life and work.

For more information visit: <https://bytheseaseminars.com/workshops/roundtable-2018/>

April

Is it ADHD or Trauma? Using Play Therapy to Differentiate presented by Julie Nash, Ph.D., RPT-S

“ADHD” and “PTSD” are both commonly heard terms in the mental health field today. While the origins and symptoms differ, the clinical presentation can be markedly similar in children. This training will outline key differences in a child’s play that can be observed in a play therapy setting that can help with differential diagnosis. Techniques to support children dealing with each condition will also be introduced. A brief overview of the impact of symptoms on education will be discussed.

When: April 7; 10:00 – 12:00

Where: Western Connecticut State University. Campus Center Ballroom. GPS address is 43 Lake Ave Ext., Danbury CT 06810. For more information contact Dr. Gabriel Lomas at lomasg@wcsu.edu. This event is FREE to the public and offers CE nationally for RPT and NBCC, and in CT for Psychology, LPC, LMFT, and LCSW.

Play Therapy in School

This class covers the efficacy of play therapy and how to present it to school systems or mental health clinics. It covers canine assist therapy and many interventions for use with individual and group clients on a broad spectrum of subjects such as bullying and trauma. It is appropriate for school and mental health counselors and involves hands on learning as well as some lecture.

When: Friday, April 13 and Saturday April 14 9:00 to 5:00

Where: Plymouth State University
2 Pillsbury St. Concord, New Hampshire

What: 1 credit Tuition class and 22.5 APT Educational hours

Instructors: Lynda True-Carter, NCSC, NCC, SB-RPT
DeeDee Nold, LICSW, RPT-S

Contact: DeeDee Nold at djnold@plymouth.edu

May

Developmental Trauma—Creating Awareness and Developing a Plan for Helping the Child and Caregivers Connect and Heal presented by Susan Gestal, MA, LPC, RPT

This training will teach how developmental trauma can affect the development of a child. Ways to teach caregivers to assess a child’s behavior as a response to a developmental trauma will be covered, and therapists will be taught tools to teach caregivers how to connect with children dealing with developmental trauma. These tools will help the child regulate and begin to heal.

When: Saturday May 12; 10:00-12:00

Where: Western Connecticut State University. Campus Center Ballroom. GPS address is 43 Lake Ave Ext., Danbury CT 06810. For more information contact Dr. Gabriel Lomas at lomasg@wcsu.edu. This event is FREE to the public and offers CEs nationally for RPT and NBCC, and in CT for Psychology, LPC, LMFT, and LCSW.

July:

Enhancing Attachment through Drama and Play Therapy with Eliana Gil and Teresa Dias

When: July 23-July 27.

Where: 5000 US-6, North Eastham , MA 02651 US

This workshop will provide experiential and didactic information that will allow participants to experience and recognize the immediate application of drama and play therapy when working with parent-child dyads, multiple family members, or groups. The underlying dynamics of attachment will be discussed with clear guidance about implementation of physical, active, fun activities that promote attachment-specific goals. Discussion topics will include how to incorporate drama therapy with play therapy techniques for assessment and treatment of child or family-specific issues. There will be opportunities for clinical case discussions in which participants will practice selection of treatment modalities and interventions, based on specific clinical needs.

For more information email info@newenglandplaytherapy.org. Offered through New England Association for Play Therapy; Approved Provider Number 02-123

August:

Summer course in ***Child Centered Play Therapy*** at the University of Southern Maine Gorham-campus.

Held August 13-17 by Mary Anne Peabody, Ed.D., LCSW, RPT-S.

HCE 624 Child-Centered Play Therapy

This course is intended for students who wish to use a child-centered theory of play therapy in counseling children. It presents the theoretical framework of a child-centered approach to working with children and begins the necessary training for skill development in using this theory. Cr 3. For more information, contact Mary Anne Peabody at Maryanne.peabody@maine.edu.

Save the Dates:

--Looking for a full course on play therapy? Two graduate level classes are held at Western Connecticut State University each academic year. ***Introduction to Play Therapy (EPY 640)*** is held in the fall semester, taught by Julie Nash, Ph.D., RPT-S, while ***Advanced Play Therapy (EPY 650)*** is in the spring semester, taught by Jennifer Lefebvre, Psy.D., RPT-S. The classes combined give a total of 135 hours of training. There will be a conference held this spring as well. For more information, contact Dr. Gabriel Lomas, associate professor of counseling at 203-837-8512 or Lomasg@wcsu.edu.

Remember, regardless of whom the presenter is, if the workshop announcements do not state APT approval with a provider number, APT will not approve it for RPT/RPT-S application or renewal. It is your responsibility to confirm with presenters/organizers that an APT approval/provider number is provided.

CONTACT US

Visit our Website at www.newenglandplaytherapy.org

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Not a member? Join today to receive the member discounts plus many more benefits!

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