



Dear Friends,

It's almost annual conference time. This actually serves as your official notice of the annual meeting which will take place at lunch on Saturday Nov 2nd, during the annual conference.

This year I'm looking forward to many things including seeing long time friends, making new friends, learning new techniques and tidbits to use in my practice and classes, and getting re-energized by the group enthusiasm that happens every year. It has been ten years since I made the trip to Cape Cod to meet with the sole APT member keeping the Massachusetts Branch alive- just barely. She appealed to those of us in the room to take it on, add the nearby states, and re-vitalize APT in New England. Jennifer Fortier and I agreed to take it on along with the support of a few others from NH and VT. I'm so proud of what our little group has grown to be- a real branch that covers a wide geographic area- and provides high quality training, supervision and public awareness about play therapy. We have added new Registered Play Therapy-Supervisors and lots of training and support all over our area. Thank you for your support, your enthusiasm and your commitment to making Play Therapy a household and community concept. We all know it works- and it's great to know others do too.

Playfully yours, Sarah

...PS... conference planning is in full swing. If you are interested in helping with this endeavor, please contact Stefani at training@newenglandplaytherapy.org.



Find us on
Facebook

Will we see you at the national conference in October? Stefani, Julie, and Barbara are counting down the days. We are looking forward to meeting all NEAPT members for lunch!

Are you looking for supervision to earn your Registered Play Therapist credential?

Be sure to check out the directory on the APT website for a supervisor, or email Julie Nash at drjulienash@hotmail.com for help in connecting with someone.

What's Inside...

*November Conference
Highlights*

New Website!

Training Announcements

Our November Conference is Quickly Approaching!

If you have not yet registered for the NEAPT Annual Conference, you still have time to catch the Early Bird rates! Full information and registration is available at our website, www.newenglandplaytherapy.org. The conference will be held on November 1 & 2 at the Hampton Inn in Natick, Mass. You can earn up to 13.5 CEUs, including 4 for supervision. Which workshops will you attend?

Friday November 1: 12:00-4:30

Play Therapy for the Supervisor's Soul: Refresh, Restore and Revive your Supervision Tool Box with Brijin Gardner, LCSCW, LCSW, RPT-S

Supervision is a vital experience for therapists; it is an integral part to clinical relationships, sharpens clinical skills, and can act as a compass for practitioners throughout their careers. This energizing workshop will focus on the development of the Supervisor, Play Therapist, and Self. Additionally, participants will gain several creative, expressive, and reflective play therapy techniques to use in supervision. This workshop will be exceptionally helpful for supervisors who support graduate students or colleagues pursuing certification in play therapy. Developmental and attachment theories will be the basis for this training.

Friday November 1: 5:00-9:00 Choose one of the following:

Playing with the Big Kids: Using Play Therapy with Adult Clients with Barbara van Hoff, LMFT, RPT-S

When adult clients appear stuck in therapy – the same problem or issue continues to come up with no change or movement occurring – using a play therapy intervention can often get them “out of their heads” and allow them to see things from a different perspective. Over the years I have found several play therapy techniques to be especially helpful when working with adult individuals, couples, and families. This workshop will be largely experiential so that participants can clearly understand the rationale for each intervention, along with how to present it to the client for the best outcome. Specific issues to be addressed include: depression and anxiety, loss, anger management and relational problems.

ALL PARTS WELCOME! IFS (Internal Family Systems) and Play Therapy—Tools to Work with Child and Adult Parts, Parent Parts, and Your Therapist Parts, Too with Carol Garfinkle, Psy.D. & Stefani Misiph, LMHC, RPT-S

Come obtain a basic understanding of Internal Family Systems therapy and how to apply parts language and techniques to play therapy with children, adolescents, parents, and other therapists. Participants will learn how to apply parts language to assessments and sessions, and learn the questions to ask. You will also learn how to teach parents to become non-reactive and work with your play therapist parts to get treatment unstuck.

Saturday November 2: 9:00-4:30

Powerful Play Therapy with Brijin Gardner, LCSCW, LCSW, RPT-S

This workshop will review attachment theory and its application to work with families, children, adolescents and groups. Play therapy models of attachment interventions will be reviewed. Focus will be on attachment-based play therapy techniques for use with individuals, families, and groups. Session planning, treatment goals and pacing of interventions will be explored. Contraindications regarding development and behavior will be discussed. Techniques will be shared experientially, via video clips and demonstrated in the training; additionally, case studies (foreign adoptions with reactive attachment, attachment groups in the elementary classroom and in the urban core with adolescents) will be utilized.

NEAPT has a new look!

Have you checked out our new website yet? Please take a moment to visit www.newenglandplaytherapy.org and let us know what you think. You will find information about NEAPT including our mission statement, how to join, and bios of the members of our Board of Directors. You'll also see past newsletters in case you need to remind yourself of techniques and tidbits shared previously, and the training calendar. Use the Media Library to find links about play in the media, and let us know if you find other selections that should be highlighted!

Upcoming Training Announcements: The following workshops (unless otherwise listed) are offered by or in conjunction with the New England Association for Play Therapy. NE-APT is APT Provider #02-123.

Plymouth State University offering classes in Concord, New Hampshire has announced its new Play Therapy Certificate program. The program consists of 8 one credit courses taught in weekend formats. The 8 classes earn the certificate and will provide the hours needed for the 150 education hours from the Association for Play Therapy. The program consists of four required courses and four electives. For further information contact DeeDeeNold, LICSW, RPT-S at djnold@plymouth.edu

October 18 and 19, 2013, Concord, NH. Play Therapy with the Anxious and Depressed Child with Aimee Kolomick, LMHC, RPT at Plymouth State University. This one credit college course will be held from 9:00-5:00. Please contact djnold@plymouth.edu for more information.

Nov 1-2, 2013 ANNUAL CONFERENCE- See you there!

January 4 and January 18, 2014, Concord, NH. Child Centered Play Therapy with Aimee Kolomick, LMHC, RPT at Plymouth State University. This one credit college course will be held from 9:00-5:00. Please contact djnold@plymouth.edu for more information.

Remember, regardless of whom the presenter is, if the workshop announcements do not state APT approval with a provider number, APT will not approve it for RPT/RPT-S application or renewal.

If you are not a member, please join to receive the member discounts plus many more benefits outlined on www.a4pt.org.