

NEW ENGLAND ASSOCIATION FOR PLAY THERAPY



ADD PLAY TO YOUR WORK!

October 2017

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PRESIDENT'S LETTER

Hello my favorite Play Therapy friends!

I am writing this as I sit in the airport about to head home from an amazing week at the National Conference. I am always inspired by this week as I see all of the fellow Play Therapists and learn great new skills. This year NEAPT was well represented with over 15 attendees. We also had a number of presenters from our great states: Barb Van Hoff, MaryAnn Peabody, Wendy Monahan, Sue Carroll Duffy & Robyn Green, and myself!

I am really excited to be just a few weeks away from our own conference. Tracey Turner Bumberry is going to a great conference. The vendors are lined up, the handouts are coming in, and there are lots of giveaways in our suitcases. We hope to see you all there.

The board is committed to making each state a thriving resource for play therapy. We will be discussing our plan during the annual meeting at the conference. Have ideas, questions, concerns...please come share with us!

See you all soon!

Playfully,

Stefani Misiph, LMHC, RPT-S

President, NEAPT



NATIONAL ASSOCIATION FOR PLAY THERAPY NEWS

Have you seen the year in review show yet? It's amazing how much we have accomplished in one short year!!

From the A4PT website:

The field of play therapy continues to grow and members have exceeded public awareness this year!

The *Year in Review* video shown at the APT Conference in Minneapolis includes play therapy news, training and promotions among branches, members and the association.

NEW ENGLAND NEWS

Conference is just a short time away! But it's not too late. [Register today](#) and connect with other local play therapists while expanding your knowledge of supervision, mandalas, work with gender-questioning youth, and supporting dysregulated clients!

MENTAL HEALTH MINUTE

Here are a few key things that are current and notable in the world of mental health:

- ❖ [Looking for a resource to help kids discuss homelessness?](#)
- ❖ [Building blocks for preschool success](#)
- ❖ [Some ways to help parents encourage kids with changes at school](#)

TRAINING CALENDAR

Do you have something going on in your area? Email Wendy at training@newenglandplaytherapy.org to have it added to our website. Time to PLAY!

Ongoing

-Play therapy collaboration group meets the second Friday of each month from 9:00-11:00. Cost: \$0
Location: Birch Tree Counseling, 226 Rockingham Rd., Londonderry, NH 03053 Contact: Kay Edwards or Linda Grant 603.425.2989

-New Hampshire North Supervision Group: Meets the first Friday of every month from 8:00 to 9:30 . 300 N Main St Suite 100, Plymouth, NH 02365. Contact DeeDee Nold at nolddeedee@aol.com or 603 546-1933. Cost is \$10.00

October 27 & 28: "Trauma Theory, Grief and Loss"

When: Friday, October 27 and Saturday, October 28 9:00 am to 5:00 pm..

Where: Plymouth State university, Concord Campus. 2 Pillsbury St. 5th Floor

This class will be a hands on class covering theory and techniques for helping children through trauma, grief and loss.

Instructor: Barbara vanHoff, LMFT, RPT-S

Contact: barbara.vanhoff@gmail.com

Credits: 1 Tuition credit, 22.5 APT educational hours.

November 3: Play Therapy Cases That Taught Me The Most: Pacing & Safety, Affect & Resilience

Presenter: David Crenshaw. Location: Western CT State University. Contact/more info: lomasg@wcsu.edu or www.wcsu.edu/education/playtherapy

As play therapists, we always learn from the children we treat, and our young clients often prove to be our best teachers. In this primarily didactic master class, the speaker will share valuable lessons learned from cases that enriched his work as a play therapist with a number of child clients. Lessons learned, and to be discussed, include: issues of pacing, timing, safety, windows of affect tolerance, resilience, countertransference, the impact of trauma, and the complexity of termination. In addition to theory and case illustrations, small group discussion will engage participants more actively in the learning process Approved Provider Information

Approved Provider Information:
Name: Western Connecticut State University
Number: 13-357

November 4: The Body Heals with Play: Incorporating Play Therapy into Evidence-Based Trauma Treatment

Presenter: Jennifer Lefebvre. Location: Western CT State University. Contact/more info: lomasg@wcsu.edu or www.wcsu.edu/education/playtherapy

Contemporary clinicians know it is important to use evidence-based, trauma-informed therapy, but knowing which method to utilize can be daunting. Add to that the challenge of attempting to make these treatments more child-centered, playful, and developmentally appropriate! Given that approximately five million children experience some form of trauma each year, it is vital that therapists have a clinical framework that incorporates trauma principles and is based upon neuroscientific research in order to restore the capacity for play within trauma survivors.

This Full-day Master Class will outline and discuss the core components of Trauma-focused Cognitive Behavioral Therapy (TF-CBT), Eye-movement Desensitization & Reprocessing (EMDR), Child-Parent Psychotherapy (CPP), and Attachment, Regulation & Competency (ARC) in the context of play therapy principles and neuroscience in order to facilitate the development of a trauma-informed clinical framework.

Through creative and playful ways, participants will learn how to incorporate non-verbal and sensory-based play therapy techniques into the evidence-based core components of trauma therapy. And with this knowledge, play therapists and other mental health professionals will be able to evaluate which trauma-informed treatment components "fit" with the specific needs of the children with whom they work.

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November 29: Play, Play Therapy, and Games: Proven Strategies to Engage Children in Therapy

Presenter: Gary Yorke. Location: 81 Riverside St Portland, ME. Contact/more info: info@pesi.com or www.pesi.com

This dynamic and engaging workshop is perfect for adding clinical play therapy strategies and techniques to your repertoire. You will learn practical and engaging strategies to use immediately, for children with ADHD, depression, anxiety, ODD, and more.

The play therapy strategies and techniques you will learn in this workshop include storytelling, therapeutic board games, rating scales, Thumballs, paper and pencil games, checkers, noncompetitive games, communication games, popular children's games such as Candy Land and Don't Break the Ice®, and Bibliotherapy. The strategies and play therapy techniques taught in this workshop are suitable for children with a wide variety of challenges, including anger, anxiety, depression, non-compliance, disruptive behavior, and social skill deficits. A detailed course handbook will provide additional information about play therapy techniques and strategies discussed in this workshop, as well as additional resources.

November 30: Play, Play Therapy, and Games: Proven Strategies to Engage Children in Therapy

Presenter: Gary Yorke. Location: 11 Tara Blvd Nashua, NH. Contact/more info: info@pesi.com or www.pesi.com

This dynamic and engaging workshop is perfect for adding clinical play therapy strategies and techniques to your repertoire. You will learn practical and engaging strategies to use immediately, for children with ADHD, depression, anxiety, ODD, and more.

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Remember, regardless of whom the presenter is, if the workshop announcements do not state APT approval with a provider number, APT will not approve it for RPT/RPT-S application or renewal.

CONTACT US

Visit our Website at www.newenglandplaytherapy.org

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If you are not a member, please join to receive the member discounts plus many more benefits outlined on www.a4pt.org.