

NEW ENGLAND ASSOCIATION FOR PLAY THERAPY



ADD PLAY TO YOUR WORK!

April 2018

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PRESIDENT'S LETTER

Dear NEAPT members,

Well, it's spring in New England, which means keep the sandals next to the snow boots and wait to see which you'll use each day! I hope to see you (without snow boots) in just a couple of weeks at our Annual Conference. Not only will this be a great time to connect and reconnect with friends and colleagues, but we are looking forward to some new offerings this year. Interested in obtaining your RPT/SB/S but not sure how to do so or why it's important? Wondering what it's really like to be on the board and why we want you to consider it? Join us Friday night to chat. Your board members will be available and want to make both processes as straightforward and transparent as possible! Have suggestions on how to improve the conference for next year? We want to hear those, too!

We are also excited to announce that NEAPT has achieved Gold Branch status again this year. This could not have happened without your help, and we look forward to working toward more growth and development over the coming year. Are you planning any trainings, networking events, or outreaches? Let us know! Not only would we love to support and acknowledge your efforts, but those all count toward this status. How can NEAPT support play and play therapy in your community? Email me at info@newenglandplaytherapy.org and let's talk!



Work hard, and play harder :)

Julie Nash, Ph.D., RPT-S

President, NEAPT

NATIONAL ASSOCIATION FOR PLAY THERAPY NEWS

Did you know these new content areas are available on the www.a4pt.org site?

Clarifying the Use of Play Therapy



Due to the misuse and confusion of the terms “Play Therapy” and “Play Therapist,” APT has a dedicated page on our website that clarifies “[Use of 'Play Therapy' Term](#).” Helpful talking points are included to use when educating others about the appropriate use and denotation of these words.

APT News Links



Did you know? The [APT homepage](#) includes a section for present-day, play therapy and mental health topics from around the world. [News Links](#) are updated on a regular basis with new events. Stay up-to-date on play therapy news through News Links!

(content from www.a4pt.org)

NEW ENGLAND NEWS

Board of Director Applications Available

We are currently looking for 2 qualified members to join our Board of Directors in the next year. Responsibilities and applications are on our website (www.newenglandplaytherapy.org). The RPT/RPT-S/RPT-SB credential is required. Applications will be accepted through April 20, 2018 and will be reviewed by our Nominations Committee. Receipt of completed applications will be acknowledged via email, and applicants will be contacted by the Nominations Committee for further information or interviews. We look forward to receiving your application! We will also be looking for applicants in 2019, so if now is not the time, keep us in mind.

Conference Registration is Open!

Registration is open for our spring annual conference on [April 27 and 28, 2018 in Natick, Massachusetts!!](#) Visit www.newenglandplaytherapy.org/conferences to register today. We are offering discounted registration when you sign up for both days, as well as special student rates.

Another don't miss event: the Cape Cod Seminar!

Cape Cod Seminar tickets are now open for sale. Go to www.newenglandplaytherapy.org/conferences for all the info and to register! It will be a great week of training and will be limited to 30 participants. **Only a few spaces remain** so act quickly to get your seat! You don't want to miss this.

Enhancing Attachment through Drama and Play Therapy

with Eliana Gil, PhD, RPT-S, MFT-S, RAT and her daughter Teresa Dias, MA

in Eastham, MA., July 23 -27th, 8:30-12:00pm

Meet Your Board

Over the next few issues of the newsletter, we will be introducing you to individual board members so you can learn about us as well as what being on the Board of Directors is all about. We hope you'll reach out to us with questions, to network, or to discuss your interest in joining us! This month, meet DeeDee Nold, who is a licensed clinical social worker from both New Hampshire and Florida.

DeeDee Nold, M.A., MSW, LICSW, RPT-S is currently an adjunct professor at Plymouth State University where she chairs the Play Therapy Certificate Program.

She has been in private practice as a play therapist in Naples, Florida and Plymouth, New Hampshire for over 20 years. She is a graduate of the APT Leadership Program and is the 2017 recipient of the NEAPT Service Award.

She serves as Chairperson of the state Spark Plugs. She has presented at numerous Branch Conferences and National APT on the subjects of mindfulness, high conflict divorce, and sandtray. She enjoys serving on the New England Board and has a passion for fostering and mentoring future play therapists to be clinically competent and passionate about what they do. She enjoys her two grandchildren and loves kayaking and paddle boarding. She is joined in her practice by her canine assist dog, Benny.

MENTAL HEALTH MINUTE

Here are a few key things that are current and notable in the world of mental health:

- ❖ Did you know we care about our [reputations as early as kindergarten?](#)
- ❖ Even small amounts of light during sleep [can be linked to depression](#)
- ❖ [Why unplugging is so important](#)

TRAINING CALENDAR

Do you have something going on in your area? Email us at info@newenglandplaytherapy.org to have it added to our website. Time to PLAY!

Ongoing

-Play therapy collaboration group meets the second Friday of each month from 9:00-11:00. Cost: \$0
Location: Birch Tree Counseling, 226 Rockingham Rd., Londonderry, NH 03053 Contact: Kay Edwards or Linda Grant 603.425.2989

-New Hampshire North Supervision Group: Meets the first Friday of every month from 8:00 to 9:30 . 300 N Main St Suite 100, Plymouth, NH 02365. Contact DeeDee Nold at nolddeedee@aol.com or 603 546-1933. Cost is \$10.00

April

Play Therapy in School

This class covers the efficacy of play therapy and how to present it to school systems or mental health clinics. It covers canine assist therapy and many interventions for use with individual and group clients on a broad spectrum of subjects such as bullying and trauma. It is appropriate for school and mental health counselors and involves hands on learning as well as some lecture.

When: Friday, April 13 and Saturday April 14 9:00 to 5:00

Where: Plymouth State University

2 Pillsbury St. Concord, New Hampshire

What: 1 credit Tuition class and 22.5 APT Educational hours

Instructors: Lynda True-Carter, NCSC, NCC, SB-RPT

DeeDee Nold, LICSW, RPT-S

Contact: DeeDee Nold at djnold@plymouth.edu

May

Developmental Trauma—Creating Awareness and Developing a Plan for Helping the Child and Caregivers Connect and Heal presented by Susan Gestal, MA, LPC, RPT

This training will teach how developmental trauma can affect the development of a child. Ways to teach caregivers to assess a child's behavior as a response to a developmental trauma will be covered, and therapists will be taught tools to teach caregivers how to connect with children dealing with developmental trauma. These tools will help the child regulate and begin to heal.

When: Saturday May 12; 10:00-12:00

Where: Western Connecticut State University. Campus Center Ballroom. GPS address is 43 Lake Ave Ext., Danbury CT 06810. For more information contact Dr. Gabriel Lomas at lomasg@wcsu.edu. This event is FREE to the public and offers CEs nationally for RPT and NBCC, and in CT for Psychology, LPC, LMFT, and LCSW.

Presence, Pacing, and Purpose: The Power of Prescriptive Play Therapy When Treating Childhood Trauma presented by Mary Anne Peabody, Ed.D., LCSW, RPT-S

This workshop will introduce prescriptive play therapy as a developmentally sensitive approach by connecting issues of presence, pacing, and purpose into a continuum useful for trauma treatment. Participants will learn specific, facilitative “powers of play” that create therapeutic change and the distinction between play in therapy and play as therapy. Participants will also engage in experiential play opportunities for practical application.

When: Monday, May 21

Where: Western Connecticut State University. Campus Center Ballroom. GPS address is 43 Lake Ave Ext., Danbury CT 06810. For more information contact Dr. Gabriel Lomas at lomasg@wcsu.edu.

July:

Enhancing Attachment through Drama and Play Therapy with Eliana Gil and Teresa Dias

When: July 23-July 27.

Where: 5000 US-6, North Eastham , MA 02651 US

This workshop will provide experiential and didactic information that will allow participants to experience and recognize the immediate application of drama and play therapy when working with parent-child dyads, multiple family members, or groups. The underlying dynamics of attachment will be discussed with clear guidance about implementation of physical, active, fun activities that promote attachment-specific goals. Discussion topics will include how to incorporate drama therapy with play therapy techniques for assessment and treatment of child or family-specific issues. There will be opportunities for clinical case discussions in which participants will practice selection of treatment modalities and interventions, based on specific clinical needs.

For more information email info@newenglandplaytherapy.org. Offered through New England Association for Play Therapy; Approved Provider Number 02-123

August:

Summer course in ***Child Centered Play Therapy*** at the University of Southern Maine Gorham-campus.

Held August 13-17 by Mary Anne Peabody, Ed.D., LCSW, RPT-S.

HCE 624 Child-Centered Play Therapy

This course is intended for students who wish to use a child-centered theory of play therapy in counseling children. It presents the theoretical framework of a child-centered approach to working with children and begins the necessary training for skill development in using this theory. Cr 3. For more information, contact Mary Anne Peabody at Maryanne.peabody@maine.edu.

Save the Dates:

--Looking for a full course on play therapy? Two graduate level classes are held at Western Connecticut State University each academic year. ***Introduction to Play Therapy (EPY 640)*** is held in the fall semester, taught by Julie Nash, Ph.D., RPT-S, while ***Advanced Play Therapy (EPY 650)*** is in the spring semester, taught by Jennifer Lefebre, Psy.D., RPT-S. The classes combined give a total of 135 hours of training. There will be a

conference held this spring as well. For more information, contact Dr. Gabriel Lomas, associate professor of counseling at 203-837-8512 or Lomasg@wcsu.edu.

Remember, regardless of whom the presenter is, if the workshop announcements do not state APT approval with a provider number, APT will not approve it for RPT/RPT-S application or renewal. It is your responsibility to confirm with presenters/organizers that an APT approval/provider number is provided.

CONTACT US

Visit our Website at www.newenglandplaytherapy.org

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www.a4pt.org.