

NEW ENGLAND ASSOCIATION FOR PLAY THERAPY



ADD PLAY TO YOUR WORK!

August 2018

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PRESIDENT'S LETTER

Happy summer, New England!

I hope you are getting a chance to enjoy the sunshine and take some time to recharge. One of my self-care things is going to the national conference, and part of me thinks that October cannot come quickly enough! Will I see you there? NEAPT will host a lunch for all New England members who attend, and we will be in touch prior to that week. It's always a fun time to visit and reconnect.

We are getting closer to being able to announce some more details about our spring conference, and I can't wait. Our last board meeting resulted in some fun changes based on your suggestions, and I'm looking forward to implementing them with you. Thank you for your ongoing support of our organization, and for the field of play therapy as a whole. I am proud to be part of something that creates such positive changes, and appreciate the work you do.



Work hard, and play harder :)

Julie Nash, Ph.D., RPT-S

President, NEAPT

NATIONAL ASSOCIATION FOR PLAY THERAPY NEWS

Why should I attend the National Conference?

- Over 55 educational workshops over a 6-day event
- Nearly 1000 attendees earn 35-40 hours of continuing education approved for state licensure and play therapy credentialing
- The Annual APT International Conference and Exposition is committed to
 - providing graduate level training and education
 - fostering the exchange of ideas
 - providing networking opportunities to professionals across disciplines
- Our NEAPT President, Julie Nash, will be receiving the Emerging Leader Service Award...let's show some strong New England support at the conference!

Looking for a job, or have one to post? The www.a4pt.org website has a Career Corner available for you!

NEW ENGLAND NEWS

Don't miss it...new for this year's NE-APT Conference!

We will be accepting proposals this year for our annual conference! Be on the lookout on our website and upcoming newsletters for details. Let's keep sharing our knowledge and love for play together!

Meet Your Board

Gabrielle Dworkin, MEd, LMHC, RPT

Gabbi is a Licensed Mental Health Counselor and Registered Play Therapist, as well as the Gold Branch Coordinator and Sparkplug for RI. Originally from New York, where she first joined APT, she has a passion for play! She has worked in NY, CT, PA, MA and RI with children and teens in camps, theatre programs, clinics, private practices, hospitals, schools, and bereavement programs. She really enjoys the little ones, mostly working in preschools. She holds certifications in Infant Sign Language, Expressive Group Facilitator, and Zumbini. Gabbi is also a trained Child Life Specialist.

Currently, she is in a group private practice using Play Therapy and has led successful Expressive Arts Groups there. In her spare time, you can catch her playing trivia, Scrabble or other board games, singing karaoke, on stage in community theatre, on the Board of 401J, searching Pinterest, traveling in state, or volunteering with Alzheimer's Association and Hope Health & Palliative Care. She has thought about going back to school for Neuropsychology.

She resides in RI and likes to visit her niece in Las Vegas.

Board of Director Applications

We are currently looking for 2 qualified members to join our Board of Directors in the next year. Responsibilities and applications are on our website (www.newenglandplaytherapy.org). The RPT/RPT-S/RPT-SB credential is required. We are looking for applicants for 2019, so please email us at info@newenglandplaytherapy.org if you are interested.

MENTAL HEALTH MINUTE

Here are a few key things that are current and notable in the world of mental health:

- ❖ [Racial and ethnic disparities in youth mental health](#)
- ❖ [Asian-American bullying and victimization](#)
- ❖ [Transgender people and gender expression](#)

TRAINING CALENDAR

Do you have something going on in your area? Email us at info@newenglandplaytherapy.org to have it added to our website. Time to PLAY!

Ongoing

Play therapy collaboration group meets the second Friday of each month from 9:00-11:00 (Cost: \$0)
Birch Tree Counseling, 226 Rockingham Rd., Londonderry, NH 03053
Contact: Kay Edwards or Linda Grant ~ 603.425.2989

New Hampshire North Supervision Group meets the first Friday of every month from 8:00 to 9:30 (Cost: \$10)
300 N Main St Suite 100, Plymouth, NH 02365
Contact: DeeDee Nold at nolddeedee@aol.com or 603 546-1933.

August

Summer course in *Child Centered Play Therapy* at the University of Southern Maine Gorham-campus.
HCE 624 Child-Centered Play Therapy ~ August 13-17 ~ Mary Anne Peabody, Ed.D., LCSW, RPT-S.

This course is intended for students who wish to use a child-centered theory of play therapy in counseling children. It presents the theoretical framework of a child-centered approach to working with children and begins the necessary training for skill development in using this theory. Cr 3.

For more information, contact Mary Anne Peabody at Maryanne.peabody@maine.edu.

September

Integrating Somatic and Sensory Therapies with Play Therapy for Treating Complex Trauma presented by Jennifer Lefebvre, PsyD, RPT-S

- In this 3-hour workshop, grounded in play therapy and integrative theories (trauma, neuroscience, attachment), we will explore how trauma affects the development of the brain and body, emphasizing the use of body language and non-verbal cues to understand the "somatic narrative" in treatment rather than relying on verbal communication alone.
- Participants will learn trauma-informed yoga movements, sensory activities, and embodied play therapy interventions to decrease trauma symptoms, increase resiliency, adopt meaning-making, and build new competencies.

When: Friday, September 14th ~ 9:00am-12:00pm

Where: Living Hope Community Church, 38 West End Ave, Greenwich CT

Contact: Jennifer Lefebvre @ drjennhtcw@gmail.com or Susan Gestal @ susangestal@gmail.com

Save the Dates:

Looking for a full course on play therapy?

Two graduate level classes are held at Western Connecticut State University each academic year. *Introduction to Play Therapy (EPY 640)* is held in the fall semester, taught by Julie Nash, Ph.D., RPT-S, while *Advanced Play Therapy (EPY 650)* is in the spring semester, taught by Jennifer Lefebvre, Psy.D., RPT-S. The classes combined give a total of 135 hours of training. There will be a conference held this spring as well. For more information, contact Dr. Gabriel Lomas, associate professor of counseling at 203-837-8512 or Lomasg@wcsu.edu.

Remember, regardless of whom the presenter is, if the workshop announcements do not state APT approval with a provider number, APT will not approve it for RPT/RPT-S application or renewal. It is your responsibility to confirm with presenters/organizers that an APT approval/provider number is provided.

CONTACT US

Visit our Website at www.newenglandplaytherapy.org

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Not a member? Join today to receive the member discounts plus many more benefits!
www.a4pt.org.