

NEW ENGLAND ASSOCIATION FOR PLAY THERAPY



ADD PLAY TO YOUR WORK!

August 2018

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PRESIDENT'S LETTER

Hello New England!

Back to school time always has me thinking about fresh starts and ways to improve current routines (it would probably help if I actually had a daily routine once in awhile!). I am so excited to announce that NEAPT's Spark Plugs are working toward some incredible improvements. We will begin hosting mini-conferences in each state this year. With a training in CT that took off exponentially, CT will be the first to try this out in less than 2 weeks. Look for information coming from your Spark Plugs and in future newsletters. If you have ideas for space that could be donated, or speakers, or topics, reach out! If you don't have your Spark Plug's contact info, please email me directly at info@newenglandplaytherapy.org and I'll connect you.

How are you adapting your practice and personal time to the new school year? Are you looking ahead to vacations already? Keep in touch via email or our Facebook page (with a shout out to Denise Galford-Koeppel for always keeping the content fresh, interesting and engaging. Thank you, Denise!).

Work hard, and play harder ;)

Julie Nash, Ph.D., RPT-S

President, NEAPT



NATIONAL ASSOCIATION FOR PLAY THERAPY NEWS

APT's Leadership Academy

We wanted to make you aware of another great opportunity through APT! Established in 2004, APT sponsors its Leadership Academy to orient play therapists about leadership attributes, the Policy Governance[®] Model, and how APT conducts its daily business.

If enrolled in the Leadership Academy program, you will:

1. Learn about APT and how it conducts its daily business
2. Learn how to thoughtfully and effectively participate in an online group process
3. Learn about the Policy Governance[®] Model
4. Learn about leadership

Classes commence in January, conclude in June, and are limited to 25 participants. Graduation is held during its Annual Conference each October. Successful completion of the Leadership Academy program requires 100% participation in each and every assignment by the deadlines indicated. All deadlines are “hard deadlines” to ensure that each class progresses as a single unit.

Registration for the 2019 class will be open Nov. 1, 2018.

Why should I attend the National Conference?

- Over 55 educational workshops over a 6-day event
- Nearly 1000 attendees earn 35-40 hours of continuing education approved for state licensure and play therapy credentialing
- The Annual APT International Conference and Exposition is committed to
 - providing graduate level training and education
 - fostering the exchange of ideas
 - providing networking opportunities to professionals across disciplines
- Our NEAPT President, Julie Nash, will be receiving the Emerging Leader Service Award...let's show some strong New England support at the conference!
- Workshops are filling up...but still plenty of amazing opportunities to play and learn!

Looking for a job, or have one to post? The www.a4pt.org website has a Career Corner available for you!

NEW ENGLAND NEWS

Don't miss it...new for this year's NE-APT Conference!

We will be accepting proposals this year for our annual conference! Be on the lookout on our website and upcoming newsletters for details. Let's keep sharing our knowledge and love for play together!

Board of Directors Applications

We are currently looking for qualified members to join our Board of Directors in the next year. Responsibilities and applications are on our website (www.newenglandplaytherapy.org). The RPT/RPT-S/RPT-SB credential is required. We are looking for applicants for 2019, so please email us at info@newenglandplaytherapy.org if you are interested.

MENTAL HEALTH MINUTE

Here are a few key things that are current and notable in the world of mental health:

- ❖ [COPING STRATEGIES FOR TRAUMATIC ANNIVERSARIES](#)
- ❖ [Dealing with back-to-school blues](#)
- ❖ [TALKING TO TEENS ABOUT SUICIDAL THOUGHTS](#)
- ❖ [Resilience guide for parents and teachers](#)

TRAINING CALENDAR

Do you have something going on in your area? Email us at info@newenglandplaytherapy.org to have it added to our website. Time to PLAY!

Ongoing

Play therapy collaboration group meets the second Friday of each month from 9:00-11:00 (Cost: \$0)
Birch Tree Counseling, 226 Rockingham Rd., Londonderry, NH 03053
Contact: Kay Edwards or Linda Grant ~ 603.425.2989

New Hampshire North Supervision Group meets the first Friday of every month from 8:00 to 9:30 (Cost: \$10)
300 N Main St Suite 100, Plymouth, NH 02365
Contact: DeeDee Nold at nolddeedee@aol.com or 603 546-1933.

September

Integrating Somatic and Sensory Therapies with Play Therapy for Treating Complex Trauma presented by Jennifer Lefebre, PsyD, RPT-S

- In this 3-hour workshop, grounded in play therapy and integrative theories (trauma, neuroscience, attachment), we will explore how trauma affects the development of the brain and body, emphasizing the use of body language and non-verbal cues to understand the "somatic narrative" in treatment rather than relying on verbal communication alone.
- Participants will learn trauma-informed yoga movements, sensory activities, and embodied play therapy interventions to decrease trauma symptoms, increase resiliency, adopt meaning-making, and build new competencies.

When: Friday, September 14th ~ 9:00am-12:00pm

Where: Living Hope Community Church, 38 West End Ave, Greenwich CT

CEU Hours: 3 contact

Contact: Jennifer Lefebre @ drjennhtcw@gmail.com or Susan Gestal @ susangestal@gmail.com

October

Using Sandtray Therapy in Supervision presented by Kay Edwards, M.Ed., LMHC, RPT-S

- This workshop will focus on use of sand tray play therapy for supervision purposes. We will look at possible applications, as well as a video sample and an experiential exercise.
- Please bring some small toys or figures (10 or less) and your camera.

When: Friday, October 12th

Where: Western Connecticut State University; 43 Lake Ave Ext.; Danbury, CT 06810

CEU Hours: 1 contact

Contact: <http://www.wcsu.edu/education/playtherapy>; 203-837-8034; thomasr@wcsu.edu

DIR/Floor Time: A Developmental & Relational Play Therapy Intervention for treatment of ASD and Sensory Processing Challenges in Children and Adolescents presented by Esther Hess, Ph.D., RPT-S

- This workshop offers an interactive opportunity to understand the okay therapist's role in the treatment of children & adolescents with ASD and sensory processing challenges through the developmental & relational therapy DIR/Floor Time.
- Adaptations of the model will be examined through clinical footage. Additionally, attendees will present their own cases for further understanding of the model.

When: Friday, October 12th

Where: Western Connecticut State University; 43 Lake Ave Ext.; Danbury, CT 06810

CEU Hours: 5 contact

Contact: <http://www.wcsu.edu/education/playtherapy>; 203-837-8034; thomasr@wcsu.edu

Introduction to Sandtray Therapy presented by Kay Edwards, M.Ed., LMHC, RPT-S

- The morning focus of this workshop will be on the basics of play therapy with sandtray; its principles, physical set up and techniques along with an experiential exercise.
- The afternoon portion will focus on deepening the skill level; learning ways of introducing the client to sandtray play, deepening skills as the witness/observer, and ways to encourage the Builder to observe and explore the sandtray world.
- Additional experiential exercises will be utilized. Please bring ten figures or small toys to use as well as your camera.

When: Saturday, October 13th

Where: Western Connecticut State University; 43 Lake Ave Ext.; Danbury, CT 06810

CEU Hours: 6 contact

Contact: <http://www.wcsu.edu/education/playtherapy>; 203-837-8034; thomasr@wcsu.edu

Sand Play Therapy with Families and Groups presented by Kay E. Edwards, MEd., LCMHC, RPT-S

- This workshop will focus on using Sand tray play therapy to work with families and groups.
- Lectures, discussion, situational cases and experiential exercises will be utilized.
- Please bring ten or more figures or small toys to use in the sand as well as your camera.
- This workshop is limited to fourteen participants.

When: Friday, November 9th

Where: 226 Rockingham Road; Londonderry, NH 03053

CEU Hours: 1 contact

Contact: 603-425-2989; kayeedwards@comcast.net

Expressive Play Therapies presented by DeeDee Nold, LICSW, RPT-S

- This class covers the history and process of sand trays. Students will do a non directed, directed and wet tray.
- The class will cover the use of puppets in play therapy and students will do a puppet assessment together.
- The class will also cover the use of bibliotherapy.
- Metaphors in play therapy will be covered in depth.
- The course will link the metaphor to student 's work as well as the presented cases.

When: Friday, October 19th and Saturday, October 20th ~ 9 to 5

Where: This class is offered by Plymouth State University but will be held at Granite State College in Concord, NH.

CEU Hours: 22.5 APT Educational Hours & 1 tuition credit hour

Contact: DeeDee Nold at djnold@plymouth.edu

Save the Dates:

Looking for a full course on play therapy?

Two graduate level classes are held at Western Connecticut State University each academic year. *Introduction to Play Therapy (EPY 640)* is held in the fall semester, taught by Julie Nash, Ph.D., RPT-S, while *Advanced Play Therapy (EPY 650)* is in the spring semester, taught by Jennifer Lefebvre, Psy.D., RPT-S. The classes combined give a total of 135 hours of training. There will be a conference held this spring as well. For more information, contact Dr. Gabriel Lomas, associate professor of counseling at 203-837-8512 or Lomasg@wcsu.edu.

Remember, regardless of whom the presenter is, if the workshop announcements do not state APT approval with a provider number, APT will not approve it for RPT/RPT-S application or renewal. It is your responsibility to confirm with presenters/organizers that an APT approval/provider number is provided.

CONTACT US

[Visit our Website](http://www.newenglandplaytherapy.org) at www.newenglandplaytherapy.org

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Not a member? Join today to receive the member discounts plus many more benefits!
www.a4pt.org.