

NEW ENGLAND ASSOCIATION FOR PLAY THERAPY



ADD PLAY TO YOUR WORK!

October 2018

PRESIDENT'S LETTER

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Hello New England!

What a week! I'm still amazed by the national conference. To be surrounded by such a supportive and nurturing group of professionals who want to share their wisdom to improve all of us and our work is just profound. I would highly recommend starting a savings fund today so you can join us next year. The New Englanders in attendance had lunch together on Friday to relax and network and I hope to see even more of us at next year's lunch!

While I was there, I had a chance to talk with our main speaker for our branch conference happening May 3 and 4, Franc Hudspeth. He has a great training in store for us entitled "Neurobiologically-Informed Play Therapy to Address Complex and Developmental Trauma." We will also be opening one session on Friday night for you to submit proposals. That information will be coming out shortly, so watch your inbox! We want to offer you the opportunity to submit and be reviewed similar to the national level, and hope that you'll take your work to that level as well.

During the awards breakfast, Kara Carnes-Holt offered the idea of the APT People's Choice Award. She spoke about what we all give to the field and our clients, and that we don't often take the time to look at our impact. I want to give that to you now. Thank you. Thank you for the work you do and the energy you give. Thank you for being advocates as well as therapists. On behalf of your board, you all are winners of the 2018 NEAPT People's Choice Award, for making a difference in the life of a child.

Work hard, and play harder ;)

Julie Nash, Ph.D., RPT-S

President, NEAPT



NATIONAL ASSOCIATION FOR PLAY THERAPY NEWS

APT's Committees

We wanted to make you aware of another great opportunity through APT! There are so many committees to join and be part of...it's a great way to get to know colleagues from around our country! You must be a current APT member to apply and you must maintain your membership status during your term if appointed to a committee. Stay tuned for application openings & deadlines, but take a peek and think about what you might want to join! If you have any questions, contact Kathryn Leby, klebby@a4pt.org.

- **Awards of Excellence:** Annually review and evaluate Key Award nominations.
- **Conference Program:** Annually review conference program proposals.
- **Ethics & Practices:** Tri-annually review and update Play Therapy Best Practices and Paper on Touch; address issues and complaints regarding ethics and practices.
- **International Journal of Play Therapy:** Evaluate play therapy research articles.
- **Leadership:** Annually review and recommend revisions to Leadership Academy curriculum. Observe and identify emerging class leaders.
- **Mining Report:** Review mental health publications and recommend citations for possible publication in quarterly mining reports.
- **Nominations:** Orient committee members about the board culture and desire leadership attributes. Review and recommend revisions to the Director Candidate Questionnaire. Annually approve slate comprising not more than six director candidates.
- **Play Therapy Magazine:** Review and recommend edits to manuscripts submitted for possible publication in quarterly magazine.
- **Registration & Continuing Education:** Periodically review and recommend policy revisions to Registered Play Therapist & Supervisor and Approved Provider of Play Therapy Continuing Education programs.
- **Research:** Foster research that advances play therapy, particularly studies that generate evidence-based play therapy treatments. Review and evaluate Research and Student Research Award nominations.
- **University Education:** Periodically review and recommend policy revisions to the Approved Centers of Play Therapy Education program. Review and recommend questions to be posed during History Speaks program interviews.

National Conference Proposals

Another congrats and shout out to our NEAPT President, Julie Nash, who received the Emerging Leader Service Award at this year's conference! Way to go Dr. Nash!!

Even though this year's conference is occurring as this is being written, it's not too late to start thinking about next year!! Speaker Proposals are accepted December thru January annually. Let's make a strong New England showing deep in the heart of Texas next year!!

Looking for a job, or have one to post?

The www.a4pt.org website has a Career Corner available for you!

NEW ENGLAND ASSOCIATION FOR PLAY THERAPY NEWS

Board of Directors Applications

There's still time! We are currently looking for qualified members to join our **Board of Directors** in 2019. The RPT/RPT-S/RPT-SB credential is required, and responsibilities and applications are on our website (www.newenglandplaytherapy.org). or please email us at info@newenglandplaytherapy.org if you are interested.

Sparkplugs are on fire!

In case you haven't yet had the opportunity, there are meet-ups, workshops, and collaborative meetings galore! Our New England Sparkplugs are hard at work across the state, looking to expand networks and promote play therapy across New England! Our first larger scale event in Greenwich was a huge success, with well over 50 people in attendance! Let's keep this going!!

Don't miss it...new for this year's NE-APT Conference!

We will be accepting proposals (posters and a session) this year for our annual conference! Be on the lookout on our website and upcoming newsletters for details. Let's keep sharing our knowledge and love for play together!

MENTAL HEALTH MINUTE

Here are a few key things that are current and notable in the world of mental health:



[Resilience Guide For Parents And Teachers](#)



[Harnessing Will Power To Meet Educational Goals](#)



[The Transition To Middle School](#)



[Dealing With Back-To-School Blues](#)

TRAINING CALENDAR

Do you have something going on in your area? Email us at info@newenglandplaytherapy.org to have it added to our website. Time to PLAY!

Ongoing

Play Therapy Collaboration Group meets the second Friday of each month from 9:00-11:00

(Cost: \$0) Birch Tree Counseling, 226 Rockingham Rd., Londonderry, NH 03053

Contact: Kay Edwards or Linda Grant ~ 603.425.2989

New Hampshire North Supervision Group meets the first Friday of every month from 8:00 to 9:30 (Cost: \$10) 300 N Main St Suite 100, Plymouth, NH 02365

Contact: DeeDee Nold at nolddeedee@aol.com or 603.546.1933

HTCW Collaboration & Supervision Group meets the third Thursday of every month from 8:00 to 9:30 (Cost: \$10) 280-C Main St, New Hartford, CT 06057

Contact: Jenn Lefebvre at drjennhtcw@gmail.com or 860.379.0876

October

Using Sandtray Therapy in Supervision presented by Kay Edwards, M.Ed., LMHC, RPT-S

- This workshop will focus on use of sand tray play therapy for supervision purposes. We will look at possible applications, as well as a video sample and an experiential exercise.
- Please bring some small toys or figures (10 or less) and your camera.

When: Friday, October 12th

Where: Western Connecticut State University; 43 Lake Ave Ext.; Danbury, CT 06810

CEU Hours: 1 contact

Contact: <http://www.wcsu.edu/education/playtherapy>; 203-837-8034; thomasr@wcsu.edu

DIR/Floor Time: A Developmental & Relational Play Therapy Intervention for treatment of ASD and Sensory Processing Challenges in Children and Adolescents presented by Esther Hess, Ph.D., RPT-S

- This workshop offers an interactive opportunity to understand the okay therapist's role in the treatment of children & adolescents with ASD and sensory processing challenges through the developmental & relational therapy DIR/Floor Time.
- Adaptations of the model will be examined through clinical footage. Additionally, attendees will present their own cases for further understanding of the model.

When: Friday, October 12th

Where: Western Connecticut State University; 43 Lake Ave Ext.; Danbury, CT 06810

CEU Hours: 5 contact

Contact: <http://www.wcsu.edu/education/playtherapy>; 203-837-8034; thomasr@wcsu.edu

Introduction to Sandtray Therapy presented by Kay Edwards, M.Ed., LMHC, RPT-S

- The morning focus of this workshop will be on the basics of play therapy with sandtray; its principles, physical set up and techniques along with an experiential exercise.
- The afternoon portion will focus on deepening the skill level; learning ways of introducing the client to sandtray play, deepening skills as the witness/observer, and ways to encourage the Builder to observe and explore the sandtray world.
- Additional experiential exercises will be utilized. Please bring ten figures or small toys to use as well as your camera.

When: Saturday, October 13th

Where: Western Connecticut State University; 43 Lake Ave Ext.; Danbury, CT 06810

CEU Hours: 6 contact

Contact: <http://www.wcsu.edu/education/playtherapy>; 203-837-8034; thomasr@wcsu.edu

Expressive Play Therapies presented by DeeDee Nold, LICSW, RPT-S

- This class covers the history and process of sand trays. Students will do a non-directed, directed and wet tray.
- The class will cover the use of puppets in play therapy and students will do a puppet assessment together.
- The class will also cover the use of bibliotherapy.
- Metaphors in play therapy will be covered in depth. The course will link the metaphor to student 's work as well as the presented cases.

When: Friday, October 19th and Saturday, October 20th ~ 9 to 5

Where: This class is offered by Plymouth State University but will be held at Granite State College in Concord, NH.

CEU Hours: 22.5 APT Educational Hours & 1 tuition credit hour

Contact: DeeDee Nold at djnold@plymouth.edu

NOVEMBER

Sand Play Therapy with Families and Groups presented by Kay E. Edwards, MEd., LCMHC, RPT-S

- This workshop will focus on using Sand tray play therapy to work with families and groups.
- Lectures, discussion, situational cases and experiential exercises will be utilized.
- Please bring ten or more figures or small toys to use in the sand as well as your camera.
- This workshop is limited to fourteen participants.

When: Friday, November 9th

Where: 226 Rockingham Road; Londonderry, NH 03053

CEU Hours: 1 contact

Contact: 603-425-2989; kayeedwards@comcast.net

Play Therapy: Attachment-Based Treatment Interventions for Trauma, Anxiety, OCD and More!

presented by Tammi Van Hollander, LCSW, RPT

- Experience the fun-filled power of play therapy and other expressive arts modalities as you attend this workshop and you will learn how to communicate with children through play, strengthen relationships, help children regulate their minds and bodies, and to help them create a safe place to heal.
- Learn how to effectively use sand trays, bibliotherapy, mindfulness and so many other powerful techniques.

When: Wednesday, November 14th ~ **Where:** South Burlington, VT

When: Thursday, November 15th ~ **Where:** Manchester, NH

When: Friday, November 16th ~ **Where:** Portland, ME

CEU Hours: 6 contact

Contact: www.pesi.com

Save the Dates:

Looking for a full course on play therapy?

Two graduate level classes are held at Western Connecticut State University each academic year. ***Introduction to Play Therapy (EPY 640)*** is held in the fall semester, taught by Julie Nash, Ph.D., RPT-S, while ***Advanced Play Therapy (EPY 650)*** is in the spring semester, taught by Jennifer Lefebre, Psy.D., RPT-S. The classes combined give a total of 135 hours of training. There will be a conference held this spring as well. For more information, contact Dr. Gabriel Lomas, associate professor of counseling at 203-837-8512 or Lomasg@wcsu.edu.

Remember, regardless of whom the presenter is, if the workshop announcements do not state APT approval with a provider number, APT will not approve it for RPT/RPT-S application or renewal. It is your responsibility to confirm with presenters/organizers that an APT approval/provider number is provided.

CONTACT US

[Visit our Website](http://www.newenglandplaytherapy.org) at www.newenglandplaytherapy.org

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Not a member? Join today to receive the member discounts plus many more benefits!

www.a4pt.org