

**New England Association Play Therapy**  
*2023 Annual Conference*  
*Portland, ME*  
*May 5-6, 2023*

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**Continuing Education Packet**

**Instructions:**

- ✓ A completed “*CE packet*” is required in order to receive continuing education credit. CE packets are accepted by MAIL only. Email/ scan packets will not be accepted.

**What Does a Complete CE Packet Consist of ?**

*A complete CE Packet consist of:*

1. Continuing Education Application Form
2. Record of Attendance Form
3. Evaluation form for EACH training in which you participate
4. Payment of \$30.00 CE Processing Fee. Make check payable to:  
*Institute Continuing Education*

**How Do I Submit my CE Packet ?**

CE Packets are accepted by MAIL only, and should be postmarked not later than 45-days following the training.

Mail completed CE packets to:

*The Institute for Continuing Education*  
*P. O. Box 449*  
*Montevallo, AL 35115*

**How Will I receive CE verification ?**

Following receipt of your completed CE packet, *The Institute for Continuing Education* will process your CE application and will mail a CE verification for the hours attended. The mailing address you submit on the CE Application Form is used to mail your CE verification.

**The Institute for Continuing Education**

**P. O. Box 449**

**Montevallo, AL 35115**

*Questions: instconted@aol.com*

## Continuing Education

This program is co-sponsored by the New England Association for Play Therapy and *The Institute for Continuing Education*. The program scheduled for May 5, 2023, offers 3.00 CE hrs., with full attendance required for the training(s) in which you participate. The program scheduled for May 6, 2023, offers 6.00 CE hours, with full attendance required.

**CE Packet:** Attached is a CE Packet for the Conference. Complete and mail your "CE Packet" to *The Institute for Continuing Education* for processing. Please include payment of the \$30.00 CE processing fee. Make check payable to: ***Institute Continuing Education***. If you have questions regarding the program, continuing education learning objectives, faculty, contact *The Institute* at: 800-557-1950 / email: [instconted@aol.com](mailto:instconted@aol.com)

**NOTE:** *To receive continuing education credit, applicants must complete all CE materials, sign in/out at designated locations, and submit an evaluation form for the sessions attended.*

**NOTE:** *It is the responsibility of the attendee to determine if CE credit offered by The Institute for Continuing Education meets the regulations of their state licensing/certification board, including the "Ethics" workshop scheduled for May 5<sup>th</sup>..*

**NOTE:** *The program workshops are not academic and may not be used toward fulfillment of a degree.*

**Psychology:** Not Offered.

**Counseling:** The Institute for Continuing Education and New England Association for Play Therapy are cosponsors of this program. This co-sponsorship has been approved by NBCC. The Institute for Continuing Education is an NBCC approved continuing education provider, No. 5643. The Institute for Continuing Education solely is responsible for this program, including the awarding of NBCC credit.

**New York:** The Institute for Continuing Education is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. Provider MHC-0016.

**Social Work:** This program has been approved for up to 9.00 hrs. for social work continuing education hours for re-licensure, in accordance with 258 CMR, NASW-MA Chapter CE Approving Program.

**New York:** The Institute for Continuing Education is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers, Provider SW-0025.

**New Jersey:** This program will NOT be submitted for pre-approval for New Jersey social workers.

**Marriage/Family Therapy:** The Institute for Continuing Education is a recognized provider of continuing education by the **New York State Education Department's** State Board for MFT, Provider MFT-0012.

**Massachusetts:** This program has not been submitted for pre-approved for MA MFTs.

**Play Therapy:** The Institute for Continuing Education is approved by The Association for Play Therapy to sponsor continuing education specific to play therapy. The Institute maintains responsibility for the program. APT Provider 98-040.

**Non-U.S. Professionals:** The Institute for Continuing Education holds no CE provider status with Canadian or other Non-U.S. licensing/certification boards. It is your responsibility to check the regulations of your licensing/certification board to determine CE requirements for training activities.

**Skills Level:** Beginning, Intermediate, Advanced. Attendees are urged to review the session descriptions to determine appropriateness for professional and personal needs.

**Instructional Methodology:** May include lecture, demonstration, audio/visual, experiential practice of techniques, case examples, large and small group discussion.

**ADA:** If you have special needs, please contact: NE APT

# Continuing Education Application Form

New England Association for Play Therapy  
2023 Annual Conference  
May 5-6, 2023

Processing Fee: \$30.00  
( To Be Mailed with CE Packet )

Please Print Your:

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

City: \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone: (\_\_\_\_) \_\_\_\_\_ email: \_\_\_\_\_

## Request for Continuing Education Credit

I request continuing education credit verification in the professional discipline(s) of:

\_\_\_\_ Social Work    \_\_\_\_ Counseling    \_\_\_\_ MFT    \_\_\_\_ Play Therapy

State(s) in which you are licensed: \_\_\_\_\_

License Number: \_\_\_\_\_

( will be included on certificate, if provided )

I hereby make application for continuing education credit. I understand that to be eligible for continuing education credit, I must, and complete and return a CE packet and attend the sessions in their entirety. I also understand it is my responsibility to determine if CE credit offered by *The Institute for Continuing Education* meets the CE regulations of my licensing/certification board.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

**The Institute for Continuing Education**  
**P. O. Box 449, Montevallo, AL 35115**  
800-557-1950 / email: [instconted@aol.com](mailto:instconted@aol.com)

# New England Association Play Therapy

## Record of Attendance, Page 1

Print Your Name: \_\_\_\_\_

**Friday, May 5, 2023**

*Directions: Check the Session(s) You Attend*

2:00 – 5:00 p.m.

3.00 hrs.

- \_\_\_\_ F-1. **Helping Play Therapy Supervisees Navigate Ethical Dilemmas in Supervision**  
*Athena A. Drewes, Psy.D., RPT-S*
- \_\_\_\_ F-2. **Suicidality in Play Therapy Practice: Sitting with Teens as They Share Their Stories**  
*Stephen MacHattie, LCSW*
- \_\_\_\_ F-3. **A Little, Medium, Big and Biggest: Family Play Therapy for Young Children**  
*Denise Galford-Koeppel, LMHC, RPT*

**Saturday, May 6, 2023**

*Directions: Check the Session(s) You Attend*

**Keynote Presentation**

9:00 a.m. – 12:00 noon

3.00 hrs.

- \_\_\_\_ **Helping to Heal Broken Attachments Due to Complex Trauma Through Integrative Play Therapy**  
*Athena A. Drewes, Psy.D., RPT-S*

# New England Association Play Therapy

## Record of Attendance, Page 2

Print Your Name: \_\_\_\_\_

**Saturday, May 6, 2023**

*Directions: Check the Session(s) You Attend*

1:30 – 4:30 p.m.

3.00 hrs.

- |  |
|--|
| _____ S-1. Intermediate Child-Centered Play Therapy Theory and Skills<br><i>Joshua Edwards, Ph.D., RPT</i>                           |
| _____ S-2. Telehealth and Play Therapy: A Practical Guide<br><i>Katherine Thomas, LMHC</i>   |
| _____ S-3. Whole Body Play: Incorporating the Suspension Swing and Somatic Tools into Play Therapy<br><i>Jayne Dean, LMFT, RPT-S</i> |

Attendee:

List the total number of continuing education hours you are claiming for the New England APT 2023 Conference

CE Hrs. Claimed: \_\_\_\_

\_\_\_\_\_

## Workshop Sessions

2:00 – 5:00 p.m.

Directions: Check the Session You Are Evaluating

- \_\_\_ F-1. Helping Play Therapy Supervisees Navigate Ethical Dilemmas in Supervision
- \_\_\_ F-2. Suicidality in Play Therapy Practice: Sitting With Teens as They Share Their Stories
- \_\_\_ F-3. A Little, Medium, Big, and Biggest: Family Play Therapy for Young Children

Please indicate your rating of the presentation in the categories below by circling the appropriate number, using a scale of 1 ( low ) through 5 ( high )

	<i>HIGH</i>	<i>Neutral</i>	<i>LOW</i>		
<b>I. Content / Relevancy/ Teaching Methods:</b>					
a) Content was appropriate for intended audience	5	4	3	2	1
b) Content was consistent with stated learning objectives	5	4	3	2	1
c) Content included recent studies/findings/literature on topic	5	4	3	2	1
d) Teaching methods were appropriate and effective for subject matter	5	4	3	2	1
e) This program is appropriate to my education, experience, and skills level	5	4	3	2	1
f) Cultural, racial, ethnic, socio-economic, and gender differences were considered	5	4	3	2	1
g) Visual aids, handouts, and oral presentations clarified content and were useful	5	4	3	2	1
h) Information could be applied to practice and enhanced my professional expertise	5	4	3	2	1
i) I did not perceive any commercial bias or conflict of interest	5	4	3	2	1
j) Information could contribute to achieving personal and professional goals	5	4	3	2	1
k) Timeline of course adhered to the advertised time, and CE credits offered	5	4	3	2	1
l) I would recommend this program to others	5	4	3	2	1

<b>II. Learning Objectives:</b> Learning Objectives were met: ( <i>See Back for Listing</i> )					
1. Learning Objective #1 was met	5	4	3	2	1
2. Learning Objective #2 was met	5	4	3	2	1
3. Learning Objective #3 was met	5	4	3	2	1

	HIGH	NEUTRAL	HIGH		
<b>III. Faculty:</b>					
a) Knowledgeable in content areas	5	4	3	2	1
b) Presented the subject matter clearly and clarified content	5	4	3	2	1
c) Responsive to participants and to their questions	5	4	3	2	1
d) Used technology effectively	5	4	3	2	1
e) Reviewed limitations to material presented	5	4	3	2	1
f) Described severe and most common risks, including risk of medications	5	4	3	2	1

HIGH                  NEUTRAL                  LOW

**IV. Overall Rating:**

a) Visual and technology aids were up-to-date and adequately administered	5	4	3	2	1
b) Conference facility was adequate and location was suitable for training	5	4	3	2	1
c) This session met or exceeded my expectations	5	4	3	2	1
d) How much did you learn as a result of this CE program	a great deal		some	very little	
e) How useful was the content of this CE program for your practice and other professional development	extremely useful			not useful	

**V. Logistics / Technology / Administration:**

a) Conference facility was adequate and location was suitable for training	5	4	3	2	1
b) Visual and technology aids were up-to—date and adequately administered	5	4	3	2	1
c) Course/ training registration was user-friendly	5	4	3	2	1
d) Instructions for requesting accommodations for a disability were clear	5	4	3	2	1
e) Questions or concerns were addressed effectively and in a timely manner with regard to administration of the course/ training	5	4	3	2	1
f) Registration went smoothly and the event was well managed	5	4	3	2	1

**VI. Comments About This Training:** \_\_\_\_\_

Learning Objectives

**F-1. Helping Play Therapy Supervisees Navigate Ethical Dilemmas in Supervision**

1. Define ethical dilemmas, state at least 2 examples, and explain how they may manifest within a play therapy environment
- 2.. Explain the use of ethical decision making to assist supervisees with difficult play therapy cases
3. Examine at least 3 ethical dilemmas encountered in play therapy and employ ethical decision making to handle each one

**F-2. Suicidality in Play Therapy Practice: Sitting With Teens as They Share Their Stories**

1. Describe at least 3 play-based interventions to help normalize clients’ feelings regarding suicidal ideation and pausing urges during problem solving
2. Describe at least 2 play therapy strategies for containing stories about suicidal ideation
3. Describe at least 2 strategies to manage transference and countertransference during the sharing of suicidal ideation during a play therapy session

**F-3. A Little, Medium, Big, and Biggest: Family Play Therapy for Young Children**

1. Explain three ways in which social interactions promote healthy development of emotional regulation
2. Identify at least 2 play therapy strategies that promote therapeutic interactions in the context of adult-child interactions, using drama, music, and art
3. Identify at least 2 play therapy strategies that promote healthy and therapeutic interactions in the context of family therapy children and in peer groups using drama, music and art activities

**KEYNOTE: Helping to Heal Broken Attachments Due to Complex Trauma Through Integrative Play Therapy**

9:00 a.m. – 12:00 noon

*Athena A. Drewes, Psy.D., RPT-S*

Please indicate your rating of the presentation in the categories below by circling the appropriate number, using a scale of 1 ( low ) through 5 ( high )

	<i>HIGH</i>	<i>Neutral</i>	<i>LOW</i>		
<b>I. Content / Relevancy/ Teaching Methods:</b>					
a) Content was appropriate for intended audience	5	4	3	2	1
b) Content was consistent with stated learning objectives	5	4	3	2	1
c) Content included recent studies/findings/literature on topic	5	4	3	2	1
d) Teaching methods were appropriate and effective for subject matter	5	4	3	2	1
e) This program is appropriate to my education, experience, and skills level	5	4	3	2	1
f) Cultural, racial, ethnic, socio-economic, and gender differences were considered	5	4	3	2	1
g) Visual aids, handouts, and oral presentations clarified content and were useful	5	4	3	2	1
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i) I did not perceive any commercial bias or conflict of interest	5	4	3	2	1
j) Information could contribute to achieving personal and professional goals	5	4	3	2	1
k) Timeline of course adhered to the advertised time, and CE credits offered	5	4	3	2	1
l) I would recommend this program to others	5	4	3	2	1

<b>II. Learning Objectives: Learning Objectives were met:</b>					
1. Identify the impact of impoverished attachment and adverse childhood experiences during early childhood	5	4	3	2	1
2. Identify 3 ways to help address emotional and academic issues manifested due to poor attachment	5	4	3	2	1
3. Describe 3 play-based activities to help address loss and anger	5	4	3	2	1

<b>III. Faculty: Athena A. Drewes, Psy.D., RPT-S</b>					
a) Knowledgeable in content areas	5	4	3	2	1
b) Presented the subject matter clearly and clarified content	5	4	3	2	1
c) Responsive to participants and to their questions	5	4	3	2	1
d) Used technology effectively	5	4	3	2	1
e) Reviewed limitations to material presented	5	4	3	2	1
f) Described severe and most common risks, including risk of medications	5	4	3	2	1



	<i>HIGH</i>	<i>Neutral</i>	<i>LOW</i>		
<b>IV. Overall Rating:</b>					
a) Visual and technology aids were up-to-date and adequately administered	5	4	3	2	1
b) Conference facility was adequate and location was suitable for training	5	4	3	2	1
c) This session met or exceeded my expectations	5	4	3	2	1
d) How much did you learn as a result of this CE program	a great deal		some	very little	
e) How useful was the content of this CE program for your practice and other professional development	extremely useful			not useful	

<b>V. Logistics / Technology / Administration:</b>					
a) Conference facility was adequate and location was suitable for training	5	4	3	2	1
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f) Registration went smoothly and the event was well managed	5	4	3	2	1

**VI. Comments About This Training:** \_\_\_\_\_

\_\_\_\_\_

## Workshop Sessions

1:30 – 4:30 p.m.

Directions: Check the Session You Are Evaluating

- \_\_\_ S-1. Intermediate Child-Centered Play Therapy Theory and Skills
- \_\_\_ S-2. Telehealth and Play Therapy: A Practical Guide
- \_\_\_ S-3. Whole Body Play: Incorporating the Suspension Swing and Somatic Tools into Play Therapy

Please indicate your rating of the presentation in the categories below by circling the appropriate number, using a scale of 1 ( low ) through 5 ( high )

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f) Described severe and most common risks, including risk of medications	5	4	3	2	1

	<i>HIGH</i>		<i>Neutral</i>		<i>LOW</i>
<b>IV. Overall Rating:</b>					
a) Visual and technology aids were up-to-date and adequately administered	5	4	3	2	1
b) Conference facility was adequate and location was suitable for training	5	4	3	2	1
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<b>V. Logistics / Technology / Administration:</b>					
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e) Questions or concerns were addressed effectively and in a timely manner with regard to administration of the course/ training	5	4	3	2	1
f) Registration went smoothly and the event was well managed	5	4	3	2	1

VI. Comments About This Training: \_\_\_\_\_

Learning Objectives

**S-1. Intermediate Child-Centered Play Therapy Theory and Skill**

1. Articulate intermediate theoretical underpinnings of Child-Centered Play Therapy
2. Explain the unique role of the play therapist in children’s lives
3. Describe the use of child-centered play therapy skills: Choice-giving and limit setting

**S-2. Telehealth and Play Therapy: A Practical Guide**

1. Describe the use of the telehealth cheat sheet to provide teleplay
2. Identify ways to transform in-person activities to teleplay
3. Identify strategies for accurate assessment of clients that are more appropriate for teleplay than in person sessions

**S-3. Whole Body Play: Incorporating the Suspension Swing and Somatic Tools into Play Therapy**

1. Define a somatic tool explain how somatic tools promote nervous system regulation in play therapy
2. Explain the rationale for incorporating somatic tools into play therapy
3. List two things a play therapist can do to develop the capacity to work more directly with sensations and movements in play therapy